

## Senior Safety Checklist

General		Yes	No
1.	Do medications cause dizziness or drowsiness?		
2.	Are paths around the home clear of clutter?		
3.	Are rugs removed or taped down?		
4.	Is lighting in working order and strategically placed to illuminate fall hazards?		
5.	Recent vision screening?		
6.	Medical Equipment in working order?		
7.	Does senior know how to use Medical Equipment Properly?		
8.	Are telephone, television remote and other regularly used items in an accessible place?		
9.	Are emergency numbers posted in an accessible place in a large enough font to be seen?		

Bedroom		Yes	No
1.	Is the room free of clutter?		
2.	Is there a clear path from the bed to the door?		
3.	Is there a table next to the bed? <ul style="list-style-type: none"> <li>• With a light?</li> <li>• Does the senior put their glasses on the table at rest?</li> <li>• Does the senior put their phone on the table at rest?</li> </ul>		
4.	Is the room free of small rugs?		

Bathroom		Yes	No
1.	Is the path from the bedroom to the bathroom well lit?		
2.	Are there grab bars near the toilet?		
3.	Are there grab bars in the shower?		
4.	Is the bathroom rug free or is the rug taped down?		
5.	Is there a raised toilet?		
6.	Are hygiene items within easy reach?		
7.	Is there a shower chair in use? Correctly?		

Kitchen		Yes	No
1.	Are rugs removed or taped down?		
2.	Are frequently used items in an easy to reach place?		
3.	Is a chair/table available for making meals instead of standing at counter?		
4.	Does the oven/stove have a working light to notify if hot or left on?		
5.	Can the senior recognize heat?		

